



SMOKY HILL RIVER FESTIVAL

June 7-10, 2018 • Oakdale Park, Salina



NOTICE:

We will no longer be mailing unclaimed shirts or awards. They will be available for pick up at Occupational Health Partners located at 1101 E. Republic beginning Monday, June 18, 2018



For on-line registration go to www.comcarepa.com

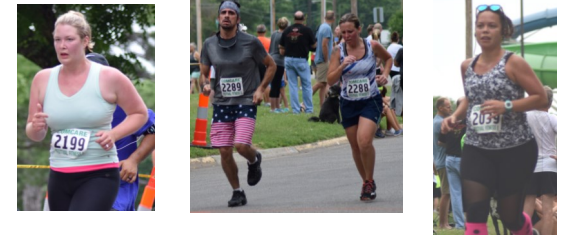


COMCARE
P.O. Box 2120
Salina, KS 67401

festival *fitness* 5

* 39TH ANNUAL *
AN EVENT OF THE 2018
SMOKY HILL RIVER FESTIVAL

JUNE 09, 2018



Five-Mile & Two-Mile Races,
Children's Races & Two-Mile Walk

On-line Registration Available
Electronic Timing



Festival Fitness Five Race

SATURDAY, JUNE 09, 2018

Oakdale Park, Salina, Kansas

\$8.00 Advance Children Entry Fee

\$10.00 Race Day Children Entry Fee

\$20.00 Advance Adult 2M/5M Race Entry Fee

\$25.00 Race Day Adult 2M/5M Race Entry Fee

\$12 Walk Entry Fee

\$15 Race Day Walk Entry Fee

Schedule of Events

(Rain or Shine)

Registrations will end 15 minutes prior to the start time of each individual race.

Cash or Check Only.

6:00 am

Registration. Road maps are posted by Kenwood Park Shelter House.

7:00 am

Start Two-Mile Run

Start Five-Mile Run

Start Two-Mile Walk

8:15 am

Start Children's Races

50 yd. Dash, Ages 1 and Under

50 yd. Dash, Age 2

50 yd. Dash, Age 3

50 yd. Dash, Age 4

220 yd. Run, Age 5

220 yd. Run, Age 6

Quarter-Mile, Age 7

Quarter-Mile, Age 8

Quarter-Mile, Ages 9-10

Quarter-Mile, Ages 11-13

All races begin and end near the locomotive in Kenwood Park.

AGE BRACKETS: (Two-Mile and Five-Mile Runs)

11 and under

40-49

12-14

50-59

15-21

60-69

22-29

70 and over

30-39

GENERAL INFORMATION:

Recommended parking is located in the south lot of the Tony's Pizza Events Center.

Plenty of restroom facilities are available.

The five-mile course is entirely concrete and fast. Splits will be given every mile.

No pets. Electronic devices acceptable.

RACE HEADQUARTERS:

Kenwood Park Shelter House, located one block south of Tony's Pizza Events Center.

AWARDS:

The top three finishers overall in each of the men's and women's runs will receive special Festival Fitness 5 commemorative trophies.

Awards will also be given to the top three finishers in each age bracket of the men's, women's, and children's races. Each entrant receives a colorful Festival Fitness 5 T-shirt.

All children's race participants will also receive a ribbon and temporary tattoo.

WHERE TO COLLECT YOUR AWARDS:

There will be no awards ceremony. Trophies and medallions will be available for distribution as soon as the final results are **OFFICIAL**. These may be collected at the back shelter house.

ON-LINE REGISTRATION:

Go to www.comcarepa.com to register on-line. Deadline to register on-line is Thursday, June 7th at 5:00 PM.



ALL ENTRY FEES:

Advanced entry fees are accepted until 5:00 pm Friday, June 8, at COMCARE Ohio. Mailed entries need to be postmarked before Tuesday, June 5. Entry fee must accompany entry form and is not refundable. Make check payable to **Festival Fitness 5**. Please mail to COMCARE, Race Director, PO Box 2120, Salina, KS 67401.

Credit Cards not accepted on Friday or Saturday.

(Cash or Check only)

2 MILE / 5 MILE RACE:

\$20 advanced entry fee.

\$25 entry fee day of the race.

WALK (No Chip Timing):

\$12 advanced entry fee.

\$15 entry fee day of the race.

CHILDREN'S RACES:

All children's races are \$8 (excludes 2M/5M race). *\$10 entry fee day of the race.*

ELIGIBILITY:

The Festival Fitness 5 is open to all runners, joggers, and walkers regardless of age or sex.

RACE PACKETS:

Race packets may be picked up Friday, June 8 prior to race day at **COMCARE 2090 S. Ohio 2nd Floor, West Suite Salina, KS** from 8am to 5pm.
PLEASE USE FRONT ENTRANCE.

On race day, packets will be available at 6:00 am at the Kenwood Park Shelter House.

Entry Form/6 Easy Steps

\$8.00 Advance Children Entry Fee, \$10.00 Race Day
\$20.00 Advance Adult Entry Fee, \$25.00 Race Day
\$12.00 Advance Walk Entry Fee, \$15 Race Day

PLEASE USE A SEPARATE ENTRY FORM FOR EACH PARTICIPANT (You may photocopy this form)



Name (print clearly)

Street

City State Zip

Phone (home) (cell)

Email (for results & future on-line registration)

Age (on race day) _____ Male Female



- Children's Races—PLEASE CHECK:**
- 50 yd. Dash—Age 1 and under
 - 50 yd. Dash—Age 2
 - 50 yd. Dash—Age 3
 - 50 yd. Dash—Age 4
 - 220 yd. Run—Age 5
 - 220 yd. Run—Age 6
 - Quarter-Mile—Age 7
 - Quarter-Mile—Age 8
 - Quarter-Mile—Ages 9-10
 - Quarter-Mile—Ages 11-13

- Adult Races/Walk— PLEASE CHECK**
- Two-Mile Run
 - Five-Mile Run

 - Two-Mile Walk (non-competitive)

Over

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Over

3 **PLEASE CHECK T-SHIRT SIZE**
YOUTH T-SHIRT
 (XS) Toddler
 (S) 6-8
 (M) 10-12
 (L) 14-16

ADULT T-SHIRT
 Small X-Large
 Medium XX-Large
 Large

4 **X**
Participant's signature, required.
(If under 18, signature of parent or guardian required.)

In consideration of your acceptance of this entry, I hereby for myself, my heirs, my executors and administrators, waive any and all rights and claims for damages I may have against the sponsor, coordinating groups, and any individuals associated with the event, the representatives, successors and assigns for any and all injuries suffered by me in connection with said event. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with said event. I have been warned I must be in good health to participate in this event. In filling out this form I acknowledge that I am an amateur in such events. COMCARE may also use any photographs taken during this event for marketing purposes.

5 **PLEASE ENCLOSE PAYMENT WITH ENTRY FORM MADE PAYABLE TO FESTIVAL FITNESS 5.**
Mail to: COMCARE, Race Director, PO Box 2120, Salina, KS 67401

6 **CHECK LIST:**

1. Did you print your name, address, phone and provide us with an email address?
2. Did you check which race/races you wish to compete in?
3. Did you check a t-shirt size?
4. Did you enclose your payment?
5. Did you sign your entry form? (required)

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