

# CONNECTIONS

IMPROVING THE HEALTH OF OUR REGIONAL COMMUNITY



September 2015

#### Second annual Fe for a Cure 5K set for Oct. 24

Nearly 700 registered for last year's first-ever Fe For a Cure 5K through downtown Salina and race organizers anticipate this year's Oct. 24 event will grow even bigger. All proceeds support breast cancer patients and services at the Tammy Walker Cancer Center.

The 3.1 mile race/walk starts at 9 a.m. on the north end of Santa Fe Avenue at St. John's Military School and finishes on the south end of Santa Fe Avenue at the Kansas Wesleyan University campus.

Registration is \$20 for age 10 and older and \$10 for children age 9 and younger. All who register before Oct. 16 are guaranteed a commemorative Fe for a Cure race shirt.

A shuttle service will be available



Participants in last year's Fe For a Cure 5K race/walk were welcomed to the finish line on the Kansas Wesleyan University campus after completing the course along Santa Fe Avenue. All proceeds support breast cancer patients at the Tammy Walker Cancer Center.

from 7:15 a.m. to 8:30 a.m. for those who want to park near Kansas Wesleyan and receive a ride to the start of the event at St. John's Military School. An awards ceremony giving medals to the top three male and female finishers in 16 different age groups, live music, snacks, a survivor celebration lap and many other post-race activities will be held on the Kansas Wesleyan campus.

The event is sponsored by Salina Regional Health Center, Salina Downtown, Inc., Kansas Wesleyan University, North Salina Community Development, St. John's Military School and Salina Media Group. Salina Supply Company and Long McArthur are gold medal underwriters for the event. Assurance Partners, ISG Technology and Allied Insurance are silver medal underwriters. Busboom & Rauh Construction, First Bank Kansas, Great-West Financial, HHM Facility Management LLC, UMB Bank and Wells Fargo Advisors (Darris Larson) are bronze medal underwriters.

Find out more information or register by visiting FeForACure.com. Paper registrations are available at the Tammy Walker Cancer Center, Salina Regional Health Center, and many area gyms and sporting retailers. Additional contributions are welcome and will be used to directly support breast cancer patients in our community.

#### National Guard soldiers volunteer at Morrison House

Efforts to install new flooring and redecorate the 2002 addition of the Rebecca A. Morrison House at Salina Regional Health Center received a boost from the 235th Regiment, Regional Training Institute, of the Kansas Army National Guard in August.

Soldiers in the Officer and Warrant Officer Candidate School volunteered more than 120 man-hours of labor at the home as

part of an annual community service initiative. The group also volunteered at the Morrison House last year.

"The efforts help provide citizen soldiers with the cumulative training they'll need working with government and non-government organizations," said chief warrant officer Michael Smith. "We always look for ways to give back to the community."



Above: Kansas National Guard members from the 235th Regiment, Regional Training Institute, Officer and Warrant Officer Candidate School based in Salina took a brief lunch break on the front porch of the Morrison House during a day of major work at the home. The group helped initiate remodeling efforts in the 2002 addition of the house by removing all the carpet in order to prepare for new flooring. Many tree trimming and landscaping projects around the home were also addressed.

The 2002 addition of the Morrison House, which more than doubled the size of the facility allowing it to accommodate more than 30 guests on any given night, is receiving more than \$30,000 worth of flooring and redecorating upgrades. Nearly a third of the cost of the remodeling efforts has been pledged by the Salina Regional Service Auxiliary. The efforts of the guard members helped significantly reduce costs for the project.

"We're happy to support Salina and the surrounding areas with projects like this," Smith said. "The Morrison House serves many families in the area and saves many people from driving back and forth from home to the hospital or the cost of expensive hotel rooms. It's a beautiful facility that has a great purpose in the community."

#### Donor Advised Funds help support local charities

The Salina Regional Health Foundation has added Donor Advised Funds to its list of potential ways that donors may want to support Salina Regional Health Center and other health related organizations, like Hospice of Salina, Tammy Walker Cancer Center, Rebecca A. Morrison House, W.H. and Helen M. Graves Blood Platelet Center, Donna L. Vanier Children's Center, KU School of Medicine—Salina and more.

Through a Donor Advised Fund, Salina Regional Health Foundation makes it easy to support your favorite programs or services that focus on improving the health of the greater Salina community through a single tax-efficient account. The minimum amount to establish a Donor Advised Fund is \$100,000, which may be funded over a 5-year period. The Foundation will not assess an administrative fee for managing your Donor Advised Fund.

Once the Donor Advised Fund is established, donors suggest grants to support their favorite charities or charitable programs that focus on improving the health of the greater Salina community. The Salina Regional Health Foundation administers the grants, manages the investment, and handles all correspondence related to your fund.

If you would like to learn more about the advantages offered through a Donor Advised Fund with the Salina Regional Health Foundation, please contact Tom Martin, at (785) 452-6088.

### KU-Salina faculty member receives teaching award

University of Kansas School of Medicine–Salina faculty member Boyd Smith, M.D., was awarded the Chancellor's Distinguished Teaching Award from the University of Kansas in August. Smith joined the faculty at KU–Salina after retiring from his pathology practice that spanned more than 30 years in Salina.

"I'd never really considered teaching until the medical school in Salina opened," Smith said. "The kids are fun and intelligent – very motivated. All those things you like to see. It really makes you feel confident about the future in medicine."

Smith, who teaches histopathology and anatomy at the school, doesn't like to lecture. Instead he likes to rely on a more conversational, question-and-answer method.

"It really gives the students a chance to look at the material from a different perspective," Smith said. "It seems to make things more understandable. It's just a different way to cover the material."

Smith says the school, the first of its kind to be held in a rural setting, has become a great success.

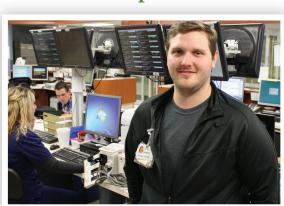
"The students from the program are doing well," he said. "The first class graduated and all found good residencies in their field of interest. All the milestones you'd want to judge a successful program on have been hit. The next measure will be how many of these young physicians return to practice in rural Kansas. Those prospects look promising."



The Salina Regional Service Auxiliary and Salina Regional Health Foundation awarded \$47,400 to students pursuing nursing and health care degrees for the 2015-2016 academic year.

Each year the Auxiliary and Foundation award scholarships to students in various health care programs who hope to one day find employment with Salina Regional Health Center or other hospitals in the Sunflower Health Network. This year the program awarded scholarships to 12 students working toward degrees ranging from nursing and pharmacy to health care leadership.

Randall Hinkson, a specialty tech in Salina Regional's Emergency Department was the recipient of the Asbury Alumni Scholarship, Marcellus E. and Hazel S. Oates



KU School of Medicine–Salina faculty member Boyd Smith, M.D., was recognized with the Chancellor's Distinguished

Randall Hinkson, a specialty tech in Salina Regional's Emergency Department, received Foundation/Auxiliary scholarship support towards his nursing degree.

Scholarship, Friends of Nursing Scholarship and Christine and William Heller Scholarship. Hinkson is working toward a bachelor's degree in nursing from Bethel College and is on track to complete the degree next spring.

"The scholarship support is very helpful and takes a lot of stress out of the equation," Hinkson said. "Private school can be very expensive and this support helps cover expenses beyond what you can get in student loans. Salina Regional's Foundation and Auxiliary scholarship program is pretty unique. A lot of hospitals offer forms of tuition reimbursement, but few offer scholarships. Scholarships are a major relief."



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## Director's Message



Tom Martin Executive Director

If you take into account family and friends, breast cancer has probably touched us all in some manner. The good news is that more and more people are winning the fight against breast cancer. Education, screening, early diagnosis and improved treatment all contribute to the ongoing progress in the fight against this disease.

I hope that you will join us in the Fe for a Cure 5K Race/Walk. It is a community gathering event, from one end of Santa Fe Avenue to the other to help raise awareness and support for breast cancer patients at the Tammy Walker Cancer Center.

Whether you run or walk... Just do it!

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CONNECTIONS is published every other month by the Salina Regional Health Foundation. If you no longer wish to receive fund-raising contacts or materials, please notify: Privacy Office, Salina Regional Health Center, Health Information Management, P.O. Box 5080, Salina, KS 67402-5080/Phone: (785) 452-7313/Fax (785) 452-7312/E-mail:Privacy@srhc.com.